

# 2<sup>nd</sup> Annual Epilepsy Update

## Saturday, October 1, 2022

In Person Meeting Jefferson Alumni Hall

# Presented by:

Departments of Neurology and Neurological Surgery & Office of Continuing Professional Development Thomas Jefferson University



### 2<sup>nd</sup> Annual Epilepsy Update Saturday, October 1, 2022 | 8:15AM - 3:30PM ET Jefferson Alumni Hall Building, Center City Campus of Thomas Jefferson University, Philadelphia, PA

Preliminary Agenda - Subject to Change			
8:15AM - 9:00AM	Registration, Light Breakfast & Exhibits		
9:00AM - 9:05AM	Welcome and Opening Remarks	Christopher Skidmore, MD	
9:05AM - 9:30AM	Controversies in Anticonvulsant Treatment * **	Scott Mintzer, MD	
9:30AM - 9:55AM	Autoimmune Epilepsy and Syndromes **	Lindsay Higdon, MD	
9:55AM - 10:20AM	Intellectual and Developmental Disability and Epilepsy	Maromi Nei, MD	
10:20AM - 10:50AM	Case Discussions: Medical Cases *	Moderator: Allyson Pickard, MD Panelists: Scott Mintzer, MD Lindsay Higdon, MD Maromi Nei, MD	
10:50AM - 11:10AM	Break and Exhibits		
11:10AM - 11:35AM	Neurostimulation: Patient Selection	Christopher Skidmore, MD	
11:35AM - 12:10PM	Epilepsy Surgery: Laser Ablation	Chengyuan Wu, MD, MSBmE	
12:10PM - 12:50PM	Case Discussions: Surgical Cases *	Moderator: Christopher Skidmore, MD Panelists: Chengyuan Wu, MD, MSBmE Michael Sperling, MD	
12:50PM - 1:20PM	Lunch and Exhibits		
1:20PM - 2:00PM	Selecting Antiseizure Medications in Adults: An Evidence-Based Approach	Jacqueline French, MD	
2:00PM - 2:25PM	Starting and Stopping AEDs: There's an App * **	Michael Sperling, MD	
2:25PM - 2:50PM	Controversies in Status Epilepticus **	Andres Fernandez, MD, MSEd	
2:50PM - 3:20PM	Case Discussions: EEG's *	Michael Sperling, MD	
3:20PM - 3:30PM	Closing Remarks	Christopher Skidmore, MD	

\* session qualifies for PA Patient and Risk Management Credit \*\* session qualifies for Nursing Pharmacotherapeutic Credit

#### **COURSE OVERVIEW**

The 2nd Annual Epilepsy Update will emphasize the changes to medical treatment, surgical treatment, diagnosis, and management of individuals with epilepsy and seizures. Participants will learn to create a treatment plan and provide high-quality care for patients with epilepsy, including daily medication, rescue medications, emergency treatment, and surgical treatment. In addition, seizure morbidity and mortality, risks, and safety concerns will be discussed and identified, and strategies to mitigate them will be reviewed.

#### LEARNING OBJECTIVES

At the conclusion of this course, participants should be able to:

- Explain prescribing principles and contraindications for epilepsy.
- Create a seizure treatment plan for individuals with epilepsy and intellectual disability.
- Identify autoimmune epilepsy initial treatment and evaluation.
- Examine the current devices utilized for the treatment of epilepsy.
- Illustrate the value of minimally invasive epilepsy surgery.
- Apply relationship-building values and the principles of team dynamics to perform effectively in different team roles to plan, deliver, and evaluate patient/population-centered care and population health programs and policies that are safe, timely, efficient, effective, and equitable.

#### ACCREDITATION INFORMATION



In support of improving patient care, Thomas Jefferson University is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

#### Designation of Credit

**PHYSICIANS:** This educational activity is designated for a maximum of **6.00** *AMA PRA Category 1 Credits*<sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

NURSES: This activity awards 6.00 nursing contact hours.

**OTHER HEALTHCARE PROFESSIONALS:** This educational activity is designated for **6.00** *AMA PRA Category* **1** *Credits*<sup>TM</sup>. Participants should claim only the credit commensurate with the extent of their participation in the activity.

#### OTHER CREDIT:

Nursing Pharmacology Credit: This educational activity offers 1.75 nursing pharmacology credit.

#### PA Patient Safety and Risk Credit:

The educational activity offers 2.50 PA Patient Safety and Risk Credit

#### SUCCESSFUL COMPLETION & EVALUATION

Participants who registered for CE credit are required to complete an online CE evaluation form as part of the education activity.

- ★ The email will be sent to the email address associated with your Jefferson.Cloud-CME<sup>™</sup> account.
- All other attendees must complete their evaluations within <u>45 days</u> in order to receive credit. Due: Tuesday, November 15. Thereafter, no credits will be awarded and no refunds will be issued.

If you do not receive an evaluation email, please check your spam/junk email. Contact Jefferson OCPD immediately if you do not receive an evaluation email notification at <u>JeffersonCPD@jefferson.edu</u> or 1-877-JEFF-CPD.

Jefferson strives to offer effective educational activities that meet the needs of healthcare professionals. To help determine if the activity has made a change to your competence or performance, a subsequent evaluation will be sent approximately 3 months and 6 months from the date of the activity. We know your time is valuable so the evaluation will be brief. Thank you in advance for your participation and feedback.

#### **CE CERTIFICATES**

At any time after you have completed the course, you will be able to find your certificate and a transcript of all your Jefferson-sponsored CPD activities, please login to your Jefferson.Cloud-CME<sup>™</sup> account at **jefferson.cloud-<u>cme.com</u>** navigating first to "My Activities" and then to "Live Credit". There is a help screen on the Jefferson.Cloud-CME<sup>™</sup> home page that can guide you through this process. Please contact the Jefferson Office of CPD at 1-877-JEFF-CPD or jefferson.cpd@jefferson.edu if you have any questions about retrieving your certificate or transcript.

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The views expressed in this activity are those of the faculty. It should not be inferred or assumed that they are expressing the views of any manufacturer of pharmaceuticals or devices or Thomas Jefferson University. It should be noted that the recommendations made herein with regard to the use of therapeutic agents, varying disease states, and assessments of risk, are based upon a combination of clinical trials, current guidelines, and the clinical practice experience of the participating presenters. The drug selection and dosage information presented in this activity are believed to be accurate. However, participants are urged to consult all available data on products and procedures before using them in clinical practice.

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### FEATURED GUEST SPEAKER

Jacqueline French, MD

Professor of Neurology, Department of Neurology at NYU Grossman School of Medicine NYU Comprehensive Epilepsy Center Co-Director, Epilepsy Clinical Trails, Director, Epilepsy Study Consortium (TESC)

### THOMAS JEFFERSON UNIVERSITY COURSE DIRECTOR

Christopher T. Skidmore, MD Associate Professor of Neurology Associate Director, Neurology Residency Vice-Chair for Clinical Affairs

### THOMAS JEFFERSON UNIVERSITY COURSE CO-DIRECTORS

Michael R. Sperling, MD Baldwin Keyes Professor of Neurology Vice Chair for Research - Neurology Division Chief for Epilepsy Director, Jefferson Comprehensive Epilepsy Center Director, Clinical Neurophysiology Laboratory Chengyuan Wu, MD, MSBmE Associate Professor of Neurosurgery and Radiology Co-Director, Integrated Magnetic Resonance Imaging Center Fellowship Director, Stereotactic and Functional Neurosurgery

## NURSE EDUCATION PLANNER

Maureen DePrince, RN, BA, CCRN, SCRN Senior Director, Neuroscience Vickie and Jack Farber Institute for Neuroscience at Jefferson Health

## THOMAS JEFFERSON UNIVERSITY FACULTY

Lindsay M. Higdon, MD Clinical Assistant Professor of Neurology	Maromi Nei, MD Professor of Neurology Vice Chair for Faculty Affairs and Diversity, Department of Neurology Director, Clinical Neurophysiology and Epilepsy Fellowship Programs Jefferson Comprehensive Epilepsy Center
Andres Fernandez, MD Assistant Professor of Neurology Director, Neurology Clerkship Program Associate Director. SKMC Medical Education Scholarly Inquire Track	Allyson Pickard, MD Clinical Assistant Professor of Neurology
<b>Scott E. Mintzer, MD</b> Professor of Neurology Medical Director, Epilepsy Monitoring Unit	

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#### **Planning Committee**

The following planning committee member(s) have no financial relationships to disclose. Maureen DePrince RN, BA, SCRN

The following planning committee member(s) and faculty have financial relationships to disclose below.

#### Faculty

The following faculty have no financial relationships to disclose.

Jacqueline French, MD	Andres Fernandez, MD
Scott Mintzer, MD	Lindsay M. Higdon, MD

The following faculty have financial relationships to disclose.

#### Christopher Skidmore, MD

Consultant: Neuropace, Eisai, Inc.

#### Michael Sperling, MD

Grant or Research Support: Medtronic, SK Life Science, UCB, Neurelis, Takeda Pharmaceuticals, Xenon, Cerevel, Janssen, Equilibre Consultant: Medtronic, Neurelis, Johnson & Johnson Scientific Advisor: Medtronic Other: Eisai, Medscape, Medtronic, International Medical Press, Darnitsa, Products for Knowledge, Cambridge University Press, Oxford University Press

#### Chengyuan Wu, MD

Researcher: Nevro Corp. Consultant/Advisor/Other: Abbott, Medtronic, Boston Scientific Corporation, Nevro, Micro Systems Engineering, NeuroOne

#### Maromi Nei, MD

Independent Contractor and Research: UCB, Eisai, Inc.

#### Allyson Pickard, MD

Independent Contractor and Research: Marinus Pharmaceuticals

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#### **Content Disclaimer**

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# This educational activity is supported by independent medical education grants from:

(as of 9/28/2022 - Updates will be noted during the conference)

# Eisai, Inc. Neurelis SK Life Science, Inc. UCB Pharma

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(as of 9/28/2021 - Updates will be noted during the conference)

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# THANK YOU TO OUR EXHIBITORS!

## Upcoming Jefferson CE Programs

- 5<sup>th</sup> Annual New Jersey Neurovascular & Neurosciences Symposium | DoubleTree by Hilton | Cherry Hill, NJ - Thursday, November 3,2022
- > 2nd Annual Philadelphia Cardiovascular Congress | The Bellevue Hotel | Philadelphia, PA Thursday-Friday, November 3-4, 2022
- > Advances in Integrative Nutrition | Virtual Meeting | Thursday-Saturday, November 10-12, 2022
- 34<sup>th</sup> Annual Pan Philadelphia Neurosurgery Conference | Union League | Philadelphia, PA Friday, December 2, 2022
- Wills Eye & Thomas Jefferson University Hospitals Orbital Tumor Symposium | Virtual Meeting | Friday, December 9, 2022
- 50<sup>th</sup> Annual Course in Electrodiagnostic Medicine | Virtual Meeting | Thursday-Friday, February 2-3, 2023
- > 12<sup>th</sup> Annual Jefferson Neurocritical Care Symposium | Friday-Saturday, February 3-4, 2023