Jefferson
Thomas Jefferson University

Jefferson Einstein Radiology Department Conference (2026-2027)

Fueling the Reading Room: Nutrition & Wellness for Radiologists 11/11/2026

Wednesday Morning Radiology Department Conference is a recurring educational series designed to keep radiologists current with evolving clinical practice and the broader healthcare environment.

Each session features expert-led presentations on a wide range of topics, including imaging techniques, disease-specific updates, diagnostic accuracy, patient safety, quality improvement, workflow optimization, emerging technologies, artificial intelligence, regulatory changes, leadership, communication, wellness, and other professional development subjects.

Through practical, evidence-informed discussions, participants gain knowledge and skills that can be applied to improve patient care, enhance operational efficiency, and support lifelong learning in radiology.

Objectives

1 Describe how sedentary work and overnight call contribute to nutritional and metabolic risks among radiologists.
2 Apply evidence-based strategies for sitting interruption, hydration, and meal timing within the reading room environment.
3 Identify one personal or organizational change that can support physician well-being.

JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, Thomas Jefferson University is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American

Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physicians: This educational activity is designated for a maximum of 1.00 *AMA PRA Category 1 Credit(s)™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

November 11, 2026 at 8:00 AM
Jefferson Einstein Hospital

For more information,
call (215) 955-6992 or toll free at 1-877-JEFF-CPD