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Thomas Jefferson University

Einstein Jefferson Psychiatry Grand Rounds Series 2026-2027

Beyond Postpartum Depression: Diagnostic Challenges in Reproductive Psychiatry

This weekly presentation occurs from October to June and will provide education to MDs, psychologists, medical student, nurses, and other mental health providers.

The content covers a wide spectrum of topics designed to support the practicing psychiatrist and mental health provider. Topics include pharmacology, anatomy, physiology, communication, individual and group psychotherapy techniques, and system issues. These presentations emphasize skills in working with diverse populations.

Objectives

1 Differentiate perinatal depression from anxiety disorders, OCD, bipolar disorder, and postpartum psychosis based on key clinical features and illness course.
2 Identify clinical features and risk factors that should prompt further evaluation for bipolar spectrum illness or postpartum psychosis in patients presenting with perinatal mood symptoms.
3 Apply a structured diagnostic approach to complex perinatal presentations, including intrusive thoughts, mood instability, sleep disturbance, and treatment nonresponse.

JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, Thomas Jefferson University is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

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Physicians: This educational activity is designated for a maximum of 1.00 *AMA PRA Category 1 Credit(s)™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Psychologists: The activity awards 1.00 credit(s).

November 13, 2026 at 12:00 PM
Online

For more information,
call (215) 955-6992 or toll free at 1-877-JEFF-CPD