

# **Einstein Jefferson Psychiatry Grand Rounds Series (July 2025-June 2026) When Patients Say No to Pills: Medication Nonadherence as Attachment Communication**

This weekly presentation occurs from October to June and will provide education to MDs, psychologists, medical student, nurses, and other mental health providers.

The content covers a wide spectrum of topics designed to support the practicing psychiatrist and mental health provider. Topics include pharmacology, anatomy, physiology, communication, individual and group psychotherapy techniques, and system issues.

These presentations emphasize skills in working with diverse populations.

## **Objectives**

1. Recognize medication non-adherence as a form of unconscious attachment-based communication, rather than solely a problem of insight, education, or motivation.
2. Differentiate how avoidant, anxious, and disorganized attachment styles manifest in patterns of psychiatric medication adherence and non-adherence.
3. Apply attachment-informed prescribing strategies to improve adherence and strengthen the therapeutic alliance, tailored to the different attachment patterns.



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In support of improving patient care, Thomas Jefferson University is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.



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Physicians: This educational activity is designated for a maximum of 1.00 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Psychologists: The activity awards 1.00 credit(s).

**March 20, 2026 at 12:00 PM**  
**Online**

For more information,  
call (215) 955-6992 or toll free at 1-877-JEFF-CPD

