



Einstein Jefferson Psychiatry Grand Rounds Series (July 2025-June 2026)

Psychotropic Medication use during pregnancy and perinatal period

This weekly presentation occurs from October to June and will provide education to MDs, psychologists, medical student, nurses, and other mental health providers.

The content covers a wide spectrum of topics designed to support the practicing psychiatrist and mental health provider. Topics include pharmacology, anatomy, physiology, communication, individual and group psychotherapy techniques, and system issues.

These presentations emphasize skills in working with diverse populations.

Objectives

- 1 Describe the clinical impact of Mood, Anxiety and Psychotic disorders during pregnancy and the postpartum period.
- 2 Review the current evidence regarding safety, risks, and recommended use of antidepressants, anxiolytics, mood stabilizers, and antipsychotics in pregnancy and lactation
- 3 Discuss postpartum considerations including breastfeeding, neonatal monitoring, and relapse prevention.
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In support of improving patient care, Thomas Jefferson University is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.





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Physicians: This educational activity is designated for a maximum of 1.00 *AMA PRA Category 1 Credit(s)*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Psychologists: The activity awards 1.00 credit(s).

February 13, 2026 at 12:00 PM
Online

**For more information,
call (215) 955-6992 or toll free at 1-877-JEFF-CPD**