Jefferson
Thomas Jefferson University

Einstein Jefferson Psychiatry Grand Rounds Series (July 2025-June 2026)

From Curriculum to Care: How providing mental health care to medical trainees reshaped how I would train residents

This weekly presentation occurs from October to June and will provide education to MDs, psychologists, medical student, nurses, and other mental health providers.

The content covers a wide spectrum of topics designed to support the practicing psychiatrist and mental health provider. Topics include pharmacology, anatomy, physiology, communication, individual and group psychotherapy techniques, and system issues.

These presentations emphasize skills in working with diverse populations.

Objectives

1 Identify common mental health challenges and stressors experienced by medical trainees, including unique factors related to the culture of medicine.
2 Describe lessons from mental health work with medical trainees that can inform approaches to support wellbeing and resilience in training.
3 Be prepared to apply practical strategies as educators, supervisors, or colleagues to foster a healthier learning environment and address trainee mental health needs more effectively.

JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, Thomas Jefferson University is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American

Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physicians: This educational activity is designated for a maximum of 1.00 *AMA PRA Category 1 Credit(s)*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Psychologists: The activity awards 1.00 credit(s).

January 16, 2026 at 12:00 PM
Online

For more information,
call (215) 955-6992 or toll free at 1-877-JEFF-CPD